

# MY CORE VALUES



Core values are a set of fundamental beliefs, ideals or practices that inform how you conduct your life, both personally and professionally. Follow the sequence below to better understand what drives you.

**First, circle the values that resonate with you the most.**

- |                |              |                 |
|----------------|--------------|-----------------|
| Accountability | Excitement   | Learning        |
| Achievement    | Fairness     | Love            |
| Adventure      | Faith        | Loyalty         |
| Authenticity   | Fame         | Openness        |
| Authority      | Family       | Optimism        |
| Autonomy       | Fitness      | Order           |
| Balance        | Forgiveness  | Patience        |
| Boldness       | Friendships  | Peace           |
| Career         | Fun          | Power           |
| Caring         | Generosity   | Quality         |
| Challenge      | Growth       | Recognition     |
| Change         | Happiness    | Reputation      |
| Citizenship    | Health       | Respect         |
| Communication  | Honesty      | Responsibility  |
| Community      | Humanity     | Security        |
| Compassion     | Humility     | Self-Respect    |
| Competence     | Humor        | Service         |
| Connection     | Influence    | Spirituality    |
| Contribution   | Innovation   | Stability       |
| Courage        | Integrity    | Strength        |
| Creativity     | Intelligence | Success         |
| Curiosity      | Involvement  | Status          |
| Dependability  | Justice      | Teamwork        |
| Determination  | Kindness     | Trustworthiness |
| Diversity      | Knowledge    | Wealth          |
| Excellence     | Leadership   | Wisdom          |

**From those you circled, select your Top 10.**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

**FROM YOUR TOP 10, WHAT ARE THE FIVE MOST IMPORTANT?**

1

2

3

4

5